

Job description of Junior Squad Coach

1. Coaching Team

- Recruit suitable coaches to assist with training sessions
- Identify strengths and weaknesses of coaching team and identify support and training.
- Have valid CRB reference and supplied reference number to squad manager.
- Read *UKU* child protection document + GB risk assessment and sign / date record sheet to verify seeing documents.

2. Training sessions

- Communicate training dates to schools / teachers / universities.
- Plan, run and review squad training sessions
- Complete the group risk assessment prior to training session taking place and sign to verify completion
- Send copy of completed risk assessment (with signatures) to squad manager.
- Understand how dates, location, facilities, costs and regularity of sessions can be barriers to equal opportunities
- Ensure all players have the necessary consent forms with them and have handed them in at the start of session
- After session, consent forms can be sent to the team manager for safe keeping

3. Personal plans

- Devise and communicate effective fitness plans
- Develop individual improvement plans for squad members
- Devise tactics and playbook for the squad
- Encourage squad to train and play with their local junior, student, mixed, open and/or women's team where appropriate

4. Selections

- Ensure selection procedure is transparent
- Determine optimal squad size
- Balance best team with building for the future

5. Communications

- Utilise most appropriate forms of communication
- Be responsible for team morale, motivational speeches, keeping everyone positive