



# Club Open & Women's Indoor Nationals 2017-18 Information Pack

We look forward to seeing you at Club Open & Women's Indoor Nationals 2017-18. We hope you will have an enjoyable and competitive weekend, and we believe the information contained in this pack will facilitate this. Contact details for the organisers are included if you do have further questions.

## Contacts

<b>Tournament directors:</b>	Meg Price	<a href="mailto:events@ukultimate.com">events@ukultimate.com</a>	07984563597
	Dave Halls	<a href="mailto:dmhalls1988@gmail.com">dmhalls1988@gmail.com</a>	07906711888

## Venue: 3G surface

**Address:** Cranford Superdome, High Street, Cranford, Hounslow, Middlesex, TW5 9PD

**Directions:** Just off Junction 3 of the M4 onto the A312.

**Parking:** Go through the gate which has a sign saying "High Achievers Centre". You will see the dome in front of you. If you follow the road round to the right as you go through the gate you will see the car park in front of you.

Toilets are **not** in the superdome itself. As you head out of the superdome, follow the path along the side of the 3G pitches and just as you reach the buildings you will see the toilets. Signs will be placed to make them more obvious. There are also toilets in the changing rooms and next to the dining hall. **There is a VENUE MAP at the end of the document.**

**Arrival:** Please report to the TD desk on arrival to receive any new instructions or any changes to this information. There will not be a separate captain's meeting, but every team should make sure that a representative checks in on arrival. If you don't, don't blame us when you don't know what's going on!

**Warm waiting area:** The Superdome is not heated, and there is no seating. We have access to use the Dining Hall (see site map) for directions. No food or drinks will be on sale; they are just opening it for us so that you have somewhere warm to wait in between games. Please be respectful of this area - e.g. do NOT throw discs around, etc. And don't forget to put any rubbish in the bin!! Last time it was left in a bit of state and we want to be able to go back, so please tidy up after yourselves.

**Gear:** Don't leave your bags on the edges of the pitch. Bags on sidelines are dangerous. Leave them in a place at a safe distance from the edges of the pitches.

**Times:** Games will run from approximately 9am to 6pm on Saturday, and from 10pm to 5pm on Sunday.

**Changing Rooms:** Location of changing rooms reserved for the tournament are marked on the site-map.

## Paper and Printing

We DON'T intend to print out schedules and copies of this pack for every team. Please make sure you bring your own (or ensure you can access it through your phone) if you need a copy. There will be a large up to date copy at the TD desk throughout the weekend of course.

## Safety

Please remember that it is never worth endangering yourself or others to get the disc. Walls and floors are hard, and your body will not react well to crashing into them at speed. Please do remain aware of other players and your surroundings.

Please inform the TD if a disc is stuck in or on one of the lights so that it can be retrieved safely before it melts!

## Food and Drink

Please do NOT eat food in the Superdome. Drinks are OK of course.

The DINING ROOM (see site map) is open for players to sit in between games - and where you can eat your food. We do not expect them to be selling any food or drinks in the dining hall - it's just a place to sit, and there is NO café on site.

There is a Tesco Express a 5 minute drive away from the venue - postcode TW5 9SL, which is along the same road as various fast food outlets.

DO NOT leave your rubbish lying around the venue and make sure you put it all in the bins provided. If you can't find a bin, don't leave it on the floor, ask the TD for a bin bag.

## Spirit of the game

Spirit scores will be entered through an online form, which can be found here:

<https://goo.gl/xH2DW3>



You should be able to access the form on your smartphone (or one of your team-mates' phones – some models seem to struggle more than others) and facilities will be available at the TD desk to input your scores if you can't get it to work – but be aware there may be a queue for just one laptop there! Use your phone if you can.

If you're having trouble with the link on your phone, make sure you **open the link in your external browser (Chrome, Safari etc) and NOT in the Facebook browser**. That seems to be the source of



most issues.

Please enter scores as promptly as you are able – in particular, we expect to award a spirit trophy based on the results that have been entered before the presentation. If you fail to enter your scores on the day, it is of course still worth entering them later as it improves the feedback your opponents receive, but if you can enter them on the day it would be far better.

(If you end up, a week after the tournament, with the highest spirit – but someone else took the trophy – that's hard luck I'm afraid. Take it up with the teams who submit late!)

## **Medical**

First aid will be provided by the school's cadet force. Ice will be available from the TD desk.

For serious incidents, the nearest hospital is:  
West Middlesex University Hospital  
Twickenham Road,  
Isleworth,  
Middlesex,  
TW7 6AF

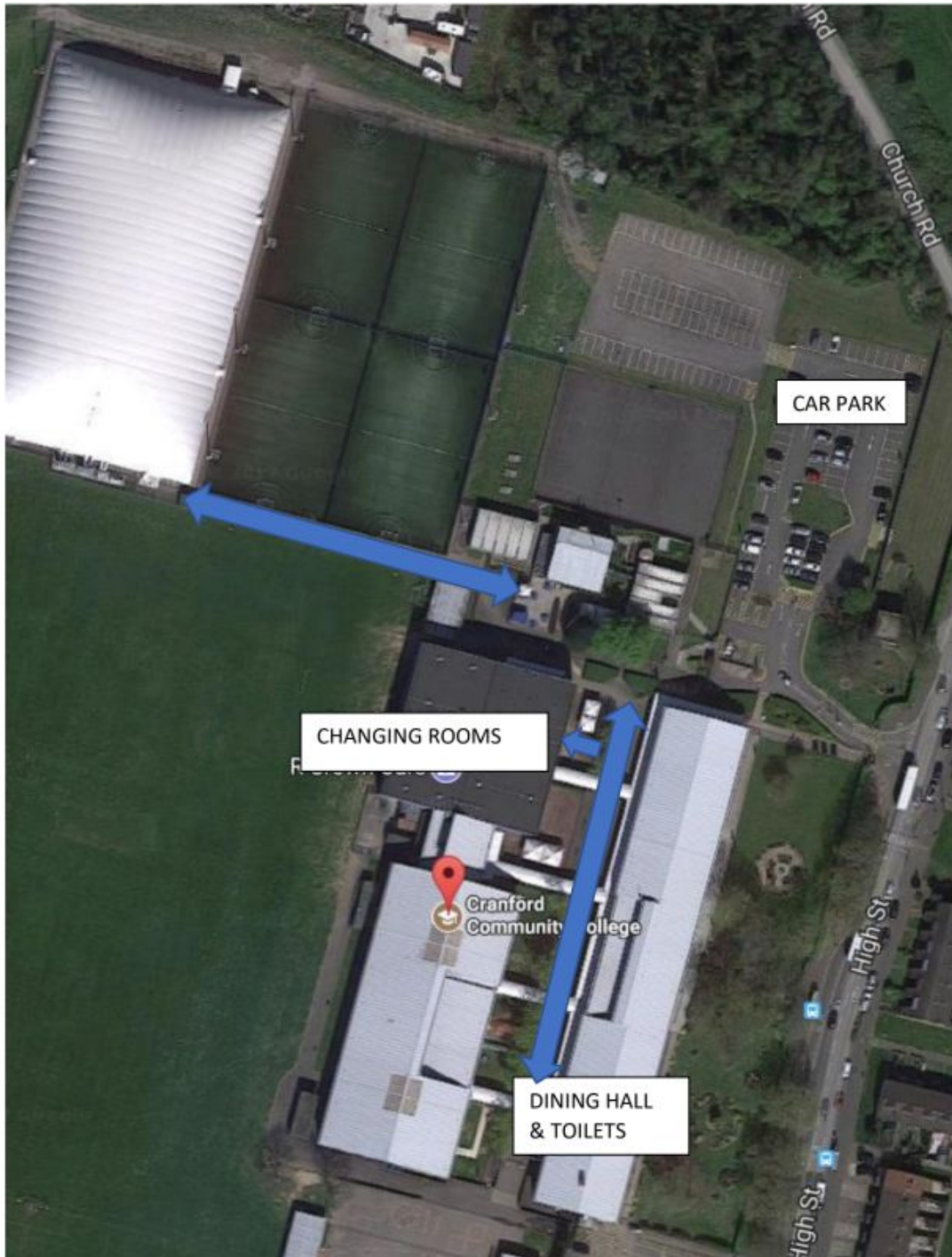
Or call 999 for an ambulance.

## **Schedule**

The schedule can be found here: <https://goo.gl/qCF669>

The tournament will be played under the [UKU Indoor version](#) of the 2017 WFDF rules.

All other game rules, game lengths and formats are explained on the schedule itself.



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**Discraft** sponsor all *UK Ultimate* tournaments and are of course the suppliers for your team disc at this event.



**We wish you the best of luck for the weekend and hope you have a great time.**