

## Junior Women's Indoor Nationals 2016 Information Pack

### Tournament Director:

Si Hill 07802 311298

### Venue:

The tournament is being held at Aldersley Leisure Village in Wolverhampton.

The address is: Aldersley Leisure Village, Aldersley Road, Wolverhampton, WV6 9NW.

The best access is via the M6 and M54. Leave the M54 at junction 2, take the A449 towards Wolverhampton and follow brown signs to "Aldersley Leisure Village" and "Aldersley Stadium" (Both are used on road signs). There is free car parking on site.

The nearest train stations are Wolverhampton and Bilbrook. The venue is 3 miles from either train station.

### IMPORTANT:

- Captain / coaches **meeting at 10:00 am, first game starts at 10:15 am**. All the important info should be in this pack but if you miss the meeting please make sure a coach or captain signs-in at the TD-desk in case there is new information.
- There will be some inexperienced players / teams at this tournament. Please take time to help them learn about spirit, rules and playing technique.
- It is obvious – but remember to take care near the walls – both for your own safety, and that of other players. It is never worth hitting the wall to get the disc!

### Facilities:

As well as the usual facilities (changing rooms, showers and four pitches etc.), there is a Costa on the ground floor, various vending machines in reception and a café/bar upstairs selling a range of hot and cold food, drinks and snacks. There is a Morrison's supermarket approximately 5 minutes away. Directions included at the back of this information. The Costa and café opening hours do seem to vary so please double check with them on the day.

UK Ultimate and Five Europe are excited to announce a partnership to host Five Ultimate stalls at the upcoming UKU Indoor series. There will be a small Five stall at this event near or alongside the TD desk. Any questions can be sent to Five at [europe@fiveultimate.com](mailto:europe@fiveultimate.com) and you can find them on twitter here. The full range of Five Ultimate merchandise can be found at [europe.fiveultimate.com](http://europe.fiveultimate.com).  
Play Hard. Have Fun!



**FIVEULTIMATE** Europe

## Conduct in the sports centre:

- Do not obstruct walkways or fire exits. Ensure that there is always enough space for wheelchairs to pass.
- Be respectful of other sports centre users, especially those not here for the tournament. Please do not use any aggressive or distasteful language. The sports centre is still open for family use while we are there.
- Dispose of all litter in the bins provided on the balcony and at sports hall doors. Food may not be taken into the sports hall.
- Spectators are not permitted in the sports hall, and must observe from the balcony. Only substitutes and coaches should be on the sidelines.
- **No outdoor shoes** are permitted in the sports hall. If you are leaving the building, please change your shoes. **The venue has a new sports hall floor. Many people do go outside to throw around, but they MUST change shoes or clean them off when returning.**
- Please don't throw around on the sidelines during games and where possible can you stand as far back from the sideline to allow the players on the pitch some space.
- Please pick up all your litter. There are plenty of bin bags available from the staff.
- The venue is being used for a lot of Ultimate and the sport has an excellent reputation with the staff there. Please help to maintain it.

## Injuries:

Please report all injuries, mishaps and other problems to the TD desk. First aid can also be received from reception staff, who will ring for an ambulance if necessary. In case of minor injuries which require immediate medical attention, directions to the nearest A&E (New Cross Hospital, Wolverhampton) are at the **BACK** of this pack. Additional copies will also be available from the TD desk. Please inform the tournament directors ASAP of any accident requiring an ambulance or first aid response.

## Schedule

- The schedule is available here: <https://qoo.gl/7GOZwG>
- The full schedule will be on display at the TD desk by the entrance to the pitches.
- **Details of time-outs and other game rules will be on the schedule.**
- Please hand in your final scores to the TD desk on your way out of the hall.

## End of game rules

When the buzzer sounds, finish the **possession** (not necessarily finish the point). If there is a turnover or a goal the game is over. Draws are allowed in all group games but not thereafter. After the group stages if the scores are level when the game ends then play until the next goal. There is no need to stop to acknowledge the buzzer: make sure you know what the score is if your game is tight towards the end!

## 3-way ties

If teams record the same number of wins in groups, the order of finishing will be decided as follows:

Head to head between tied teams

Points difference in games between tied teams

Points difference in the whole pool

Points scored in games between tied teams

Points scored in the whole pool

Rock-paper-scissors best of 3

## After the games:

There are spaces available in the foyer and around the venue for calls after the games; please avoid doing calls in doorways and at the bottom of stairs: these areas need to be kept clear. **After you have done your calls please give in game and spirit scores into the TD desk as soon as possible so that we can keep the day running smoothly. (How to score spirit is underlined below.)**

## **Spirit of the Game**

We're using the same spirit system we use for all our adult events - please ask at the tournament desk if you have any queries.

Spirit scores will be entered through an online form, which can be found here:

<https://goo.gl/ui8Qqy>



You should be able to access the form on your smartphone (or one of your team-mates' phones – some models seem to struggle more than others) and facilities will be available at the TD desk to input your scores if you can't get it to work – but be aware there may be a queue for just one laptop there! Use your phone if you can.

Please enter scores as promptly as you are able – in particular, we expect to award a spirit trophy based on the results that have been entered before the presentation. If you fail to enter your scores on the day, it is of course still worth entering them later as it improves the feedback your opponents receive, but if you can enter them on the day it would be far better.

(If you end up, a week after the tournament, with the highest spirit – but someone else took the trophy – that's hard luck I'm afraid. Take it up with the teams who submit late!)

## **Rules of ultimate:**

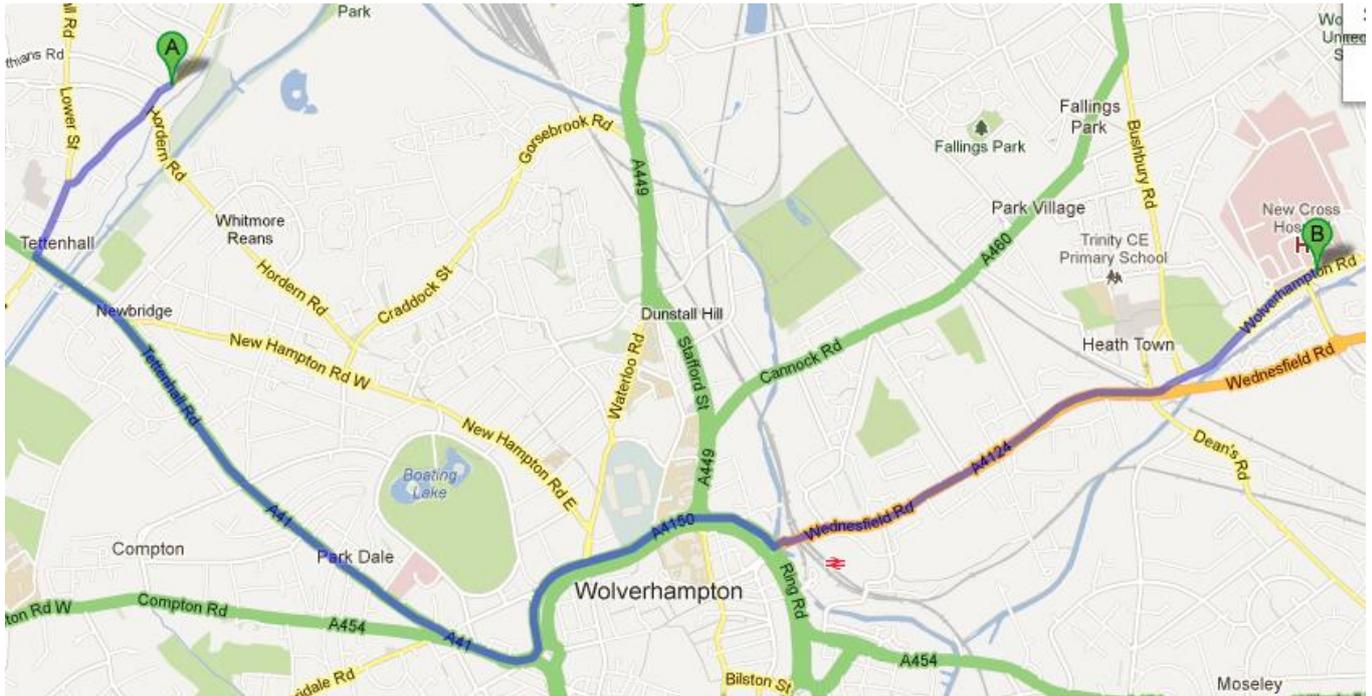
Please make sure your players are as familiar with the rules as possible. Experienced players and coaches should take time during the day to help newer players learn any rules they don't know. Try to do this on the sideline after the point rather than holding up a game if possible. There will be a copy of the rules available at the TD desk if you need to see it.

The rules on the pull for indoors always cause some discussion. For a valid pull, the disc needs to pass through an imaginary box covering the endzone and be less than 2 metres from the floor. For junior tournaments this height is amended to 'within reach of the nearest player'. In simple terms, throw nice high floaty pulls that land in the endzone, and then get on D. Please don't ping discs hard into the corners or knife it at people. Receiving team, always try and catch the pull, or be prepared to start from the back of your endzone.

Link to current UKU indoor rules below:

<http://www.ukultimate.com/system/files/UKU%20Rules%20of%20Indoor%20Ultimate%202013.pdf>

# Hospital directions



Telephone: 01902 307999

## Driving directions to New Cross Hospital



**Aldersley  
Leisure  
Village**

1. Head **southwest** on **Aldersley Rd** toward **Sandy Ln**
2. At the roundabout, take the **1st** exit onto **Lower St**
3. Turn left onto **Tettenhall Rd/A41**  
Continue to follow A41
4. At the roundabout, take the **1st** exit onto **Ring Road St. Andrews/A4150**  
Continue to follow A4150
5. Turn left onto **Wednesfield Rd/A4124**  
Continue to follow A4124
6. Slight left onto **Wolverhampton Rd**  
Destination will be on the left

0.3 mi

0.2 mi

1.5 mi

0.7 mi

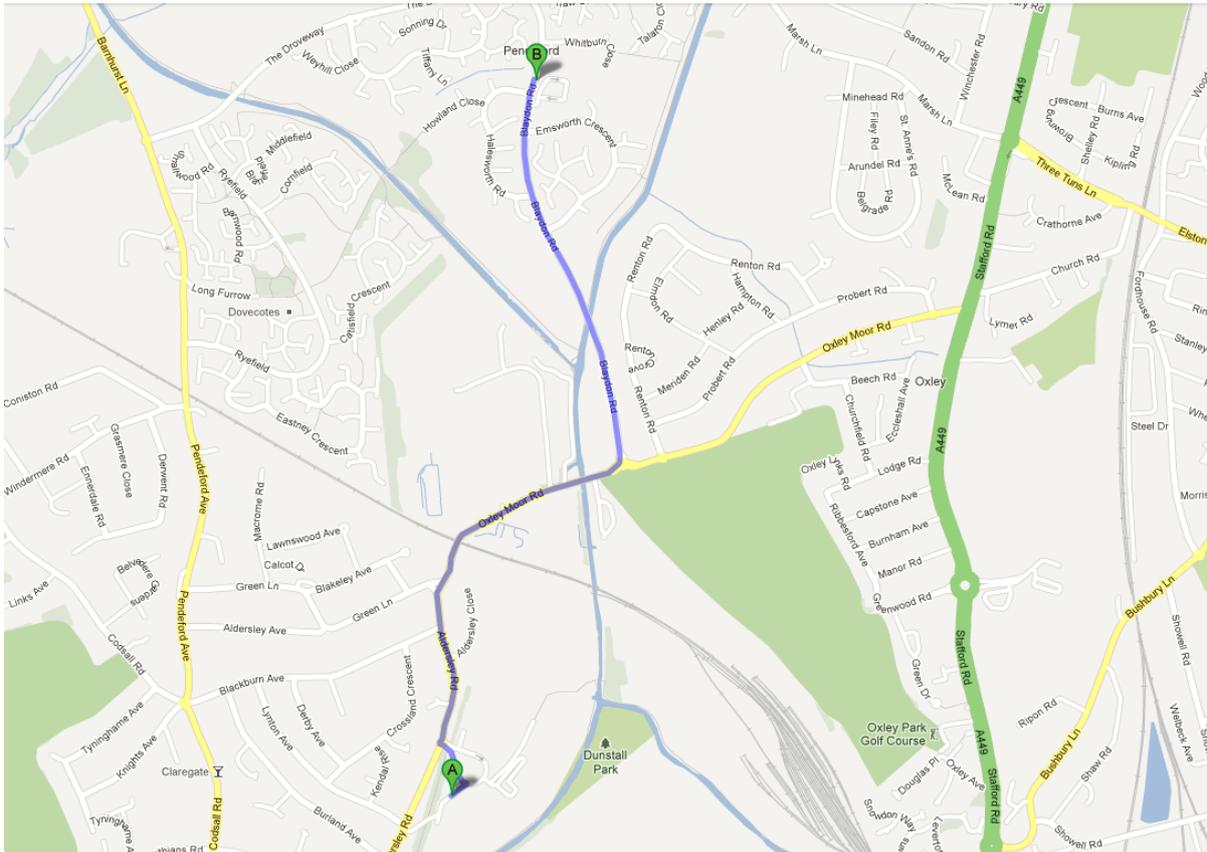
1.0 mi

0.4 mi



**New Cross Hospital  
WV10 0QP**

# Morrisons Directions



## Driving directions to Morrisons Store



### Aldersley Leisure Village

1. Head **northeast** toward **Hugh Porter Way**

167 ft

2. Turn **left** onto **Hugh Porter Way**

404 ft

3. At the roundabout, take the **2nd** exit onto **Aldersley Rd**

0.3 mi

4. Continue onto **Oxley Moor Rd**

0.4 mi

5. At the roundabout, take the **1st** exit onto **Blaydon Rd**

Destination will be on the right

0.7 mi



### Morrisons Store

Blaydon Road

Penderford, West Midlands WV9 5PG