



# Women's Outdoor Northern Regionals 2016 Information Pack

We look forward to seeing you at **Regionals this year**. We hope you will have an enjoyable and competitive weekend, and we believe the information contained in this pack will facilitate this. Contact details for the organisers are included if you do have further questions.

## Contacts

<b>Tournament director:</b>	Scout	sw365@le.ac.uk	07443517693
<b>Accommodation organiser:</b>	Scout	“	“
<b>Party organiser:</b>	Scout	“	“

**UK Ultimate Events Coordinator:** Benji Heywood      benji.heywood@ukultimate.com

## Venue

**Address:** Stoughton Road, Oadby, Leicester, LE2 4FS

**Directions:** From the Manor Road end, drive up Stoughton Rd and the car park is on the left. Drive into the car park...

**Parking:** There's only one car park and no charges.

All changing rooms and toilet blocks are on the right, along with the reception.

**Arrival:** Please report to the TD desk **either between the pavilion and playing fields or inside the pavilion** on arrival to receive any new instructions or any changes to this information. There will not be a separate captain's meeting, but every team should make sure that a representative checks in on arrival. If you don't, don't blame us when you don't know what's going on!

**Times:** Games will run from 9am to 5pm on Saturday, and from 9am to 5pm on Sunday.

## Paper and Printing

We DON'T intend to print out schedules and copies of this pack for every team. Please make sure you bring your own (or ensure you can access it through your phone) if you need a copy. There will be a large up to date copy at the TD desk throughout the weekend of course.

## Food and Drink

There is a café on site **servicing food**.

Water will be available from **the cafe and changing rooms**.

**Other shops/pubs that might be convenient and are recommended are:**

**ASDA 24hour, Leicester Rd, Oadby Frith, Leicester LE2 4AH**

**Morrisons, Freemans Park, Aylestone Rd, Leicester, East Midlands LE2 7LT**

Co-op, 202 Clarendon Park Rd, LE2 3AF  
Loaded Dog, 144 London Rd, Leicester LE2 1ED  
The Old Horse, 198 London Road, Leicester, LE2 1NE  
Wetherspoons, 96-100 The Parade, Oadby, Leicester LE2 5BF  
Oadby Owl, 7 Glen Rd, Leicester LE2 4PE  
The Local Hero, 84 Aylestone Rd, Leicester LE2 7LB  
The Counting House, 40 Almond Rd, Leicester, Leicestershire County LE2 7LH

We recommend you book at any of the above pubs for food on Friday or Saturday night.

Please do not leave your litter lying around. No one wants to pick up your discarded banana skin at the end of the day.

## Accommodation

Those that requested accommodation have been allocated accommodation with UoL Team members and put in touch with their hosts in order to make their own arrangements with their hosts. Any team that applies late for accommodation cannot be guaranteed any or may have to contribute towards the cost of accommodating them.

## Spirit of the game

Spirit scores will be entered through an online form, which can be found here:

<http://goo.gl/G5V2Kg>



You should be able to access the form on your smartphone (or one of your team-mates' phones – some models seem to struggle more than others) and facilities will be available at the TD desk to input your scores if you can't get it to work – but be aware there may be a queue for just one laptop there! Use your phone if you can.

Please enter scores as promptly as you are able – in particular, we expect to award a spirit trophy based on the results that have been entered before the presentation. If you fail to enter your scores on the day, it is of course still worth entering them later as it improves the feedback your opponents receive, but if you can enter them on the day it would be far better.

(If you end up, a week after the tournament, with the highest spirit – but someone else took the trophy – that's hard luck I'm afraid. Take it up with the teams who submit late!)

## Medical

First aid will be provided by **Leicester Event Medical** 07756228979. Ice will be available from **TD Desk**.

For serious incidents, the nearest hospital is:

**Leicester Royal Infirmary**  
**Infirmery Square, Leicester, LE1 5WW**  
Or call 999 for an ambulance.

## Schedule

The schedule will be released when ready - sorry! There are likely to be late dropouts from this event, and so we are unable to publish promptly.

The tournament will be played under the 2013 WFDF rules.

All other game rules, game lengths and formats are explained on the schedule itself.

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**Discraft** sponsor all *UK Ultimate* tournaments and are of course the suppliers for your team disc at this event.



**We wish you the best of luck for the weekend and hope you have a great time.**