



ScUWOR 2016

Information Pack

We look forward to seeing you at SSS/BUCS/UKU Scottish University Open & Women's Outdoor Regionals 2016. We hope you will have an enjoyable and competitive weekend, and we believe the information contained in this pack will facilitate this. Contact details for the organisers are included if you have further questions.

Contacts

Tournament director:

Gabriela Starek gas7@st-andrews.ac.uk 07759394038 and
Robbie Jones rj30@st-andrews.ac.uk 07943862936

Accommodation organiser:

Ben Wharton bw42@st-andrews.ac.uk 07923236711

UK Ultimate Events Coordinator:

Benji Heywood, benji.heywood@ukultimate.com

Venue

Address: *University Sports Centre, Saint Leonard's Road, Saint Andrews, Fife KY16 9DY*

Parking Address: *Agnes Blackadder Hall, North Haugh, St Andrews KY16 9XW*

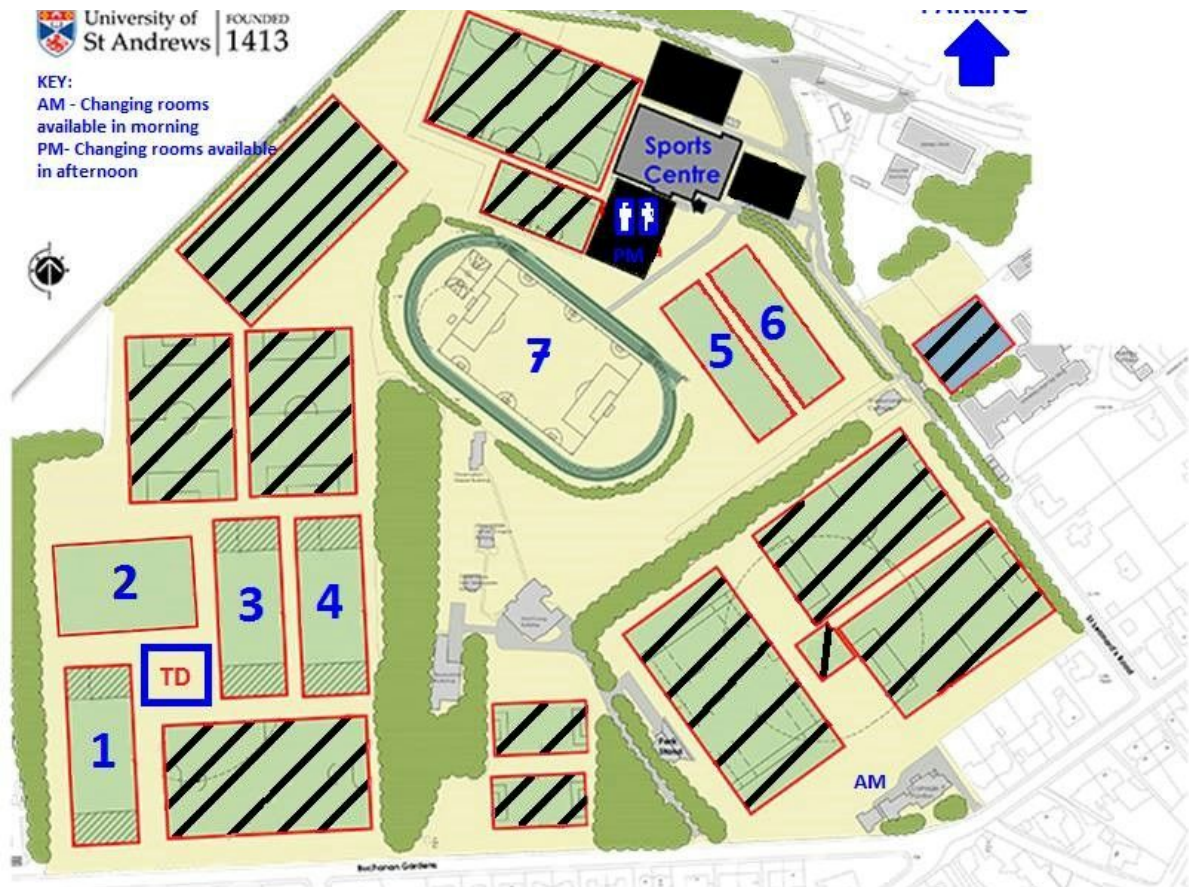
Parking: Please **park all vehicles** in the Agnes Blackadder (New Hall) car park, located in the North Haugh, St Andrews KY16 9XW. There is currently redevelopment of our Sports Centre going on and the staff have asked us to keep all vehicles out of the very small intermediate parking lot.

Directions to Parking: Coming from the A91, head southeast and at the roundabout large roundabout (the one after having seen the sign for St Andrews, this roundabout has a garden arrangement in the middle), take the 3rd exit onto Route 1. At the next roundabout right by the Medical Sciences Building, take the 3rd exit. Turn right at Potato Ave. You'll see signs for Agnes Blackadder Hall.

Walking Directions from Parking to Venue: Head back along the road from where you came and take 1st right onto the road heading up past the side of Agnes Blackadder Hall. As the road bends left, take a right through the yellow bike-gate and climb the stairs to the top of that hill. You will see the Sports Centre from there.

Changing and Showers

The Sports Centre will be open for us to use, but please be aware they will be busy. If you need changing room in the morning we have access to the Away changing rooms 1 and 2 at the pavilion (see map, the pavilion is marked as AM located on rugby fields at the bottom) and in the afternoon we have changing rooms 5 and 6 at the sports centre (marked as PM on the map). The sports centre is busy with other events so we have limited access.



Please note: For those of you who attended regionals at St Andrews last year, reception is now located on the opposite side of the building.

Arrival: Please report to the TD desk on arrival to receive any new instructions or any changes to this information. The TD desk is located by in between pitches 1-3. There will not be a separate captain's meeting, but every team should make sure that a representative checks in on arrival.

Times: Games will run from 9:30 am to approximately 5:00 pm on Saturday, and from 9:30am to approx 4:00pm on Sunday. See schedule for official timings.

PLEASE BE AWARE OF THE START TIME: The venue will not be open until 9:00 am, so we kindly ask you to not arrive before that time.

If you hassle the staff and try to get in before 9am, they will be annoyed. Last year they didn't like it - it was our fault for starting the schedule at 9, but please do not hassle them this year until they actually open. Tell your teams!

Due to the fact that the redevelopment has gotten rid of the awning we used for storing bags in previous years, there may not be space for covering bags. Please keep things liable to be soiled or broken in the rain in your vehicles at Agnes Blackadder Hall, or in the pavilion.

Paper and Printing

We DON'T intend to print out schedules and copies of this pack for every team. Please make sure to bring your own (or ensure you can have other means of access to it) if you need a copy. There will be a copy available at the TD desk throughout the weekend.



Food and Drink

On Saturday we will be holding a bake sale to fundraise for two great causes. One of our friends will be representing at WUGC this June in London, so we are holding a bake sale to help her make her dream come true and be able to play there.

Flatball also will be supporting our chosen charity Ultimate Peace, who work towards uniting communities divided by conflict through the use of ultimate.

The bake sale will be happening all of Saturday (located at the TD desk) so come by and grab a cookie for two great causes

There are vending machines for snacks inside the Sports Centre.

Other food options should be found in town. St Andrews town center has a Tesco, Sainsbury's, Gregg's, Pret-A-Manger, and many other quick options all located on Market Street To get here from the New Hall car park, take Route 1 all the way to the roundabout for Doubledykes Rd, then take Doubledykes to St Marys Pl and to Market St. Or, simply walk out of St Leonards road and turn left.

There's an Aldi and a Morrison's outside of the town center as well, for those who are willing to make a quick drive. To get to them from the Agnes Blackadder car park, follow the above directions to the roundabout for Doubledykes Rd, and at the roundabout, take the 3rd exit onto City Rd, continue onto Largo Rd, and you should see first the Aldi and then Morrison's further along.

Water refills will be available from inside the Sports Centre.

We kindly ask you to not leave your litter behind. So we can all end the day on a happy note rather than have to pick up banana skins lying around.

Disc Collection

We will be holding a disc collection point for Ultimate Peace. This will be a chance for your team to donate discs for us to give to Ultimate Peace to use in their clinics across the world. So if you have any old discs lying around the house please bring them with you and hand them into the TD desk for a great cause.

Party

On the Saturday night, if teams are keen to go out will be going to the St Andrews Student Union, please bring your university student ID to get in.

Accommodation

On Saturday morning, we'll put you in touch with your hosts during the day of course – please ask at the desk. If you are arriving on the Friday please contact your host to arrange meeting.

Stirling Men's Team - Anya, 22 Greenside Court, 07463935138

Aberdeen Women's Team - Emman, 12 Argyle Street, 07855540915

Edinburgh Men's Team - Gabriela & David, 35 Lamond Drive, 07759394038

Heriot Watt Men's Team - Kelly & Karyn, 2 Southfield, 07824115663

Strathclyde- Gabe, 17a Bell Street,07907800332
Glasgow -66 ,66 Market Street,07972256810, 07923236711(2 teams)
Andrew Boyce, 38 Auld Burn Park,07901734042,(~1.5 teams)
Helena, 56 Bridge Street, 07504279990,(~0.5 teams)

Spirit of the game

Spirit scores will be entered through an online form, which can be found here:

<http://goo.gl/G5V2Kg>



You should be able to access the form on your smartphone (or one of your team-mates' phones – some models seem to struggle more than others) and facilities will be available at the TD desk to input your scores if you can't get it to work – but be aware there may be a queue for just one laptop there! Use your phone if you can.

Please enter scores as promptly as you are able – in particular, we expect to award a spirit trophy based on the results that have been entered before the presentation. If you fail to enter your scores on the day, it is of course still worth entering them later as it improves the feedback your opponents receive, but if you can enter them on the day it would be far better.

(If you end up, a week after the tournament, with the highest spirit – but someone else took the trophy – that's hard luck I'm afraid. Take it up with the teams who submit late!)

Medical

There will be first aid assistance available on site in case of emergencies. Ice will be available from the TD desk and the Sports Centre.

For serious incidents, the nearest hospital is:
Ninewells Hospital, Dundee DD1 9SY 01382 660111
Or call 999 for an ambulance.

Schedule

The schedule will be confirmed when ready... nearly there...

The tournament will be played under the 2013 WFDF rules.

All other game rules, game lengths and formats are explained on the schedule itself.

Discraft sponsor all *UK Ultimate* tournaments and are of course the suppliers for your team disc at this event.



We wish you the best of luck for the weekend and hope you have a great time.