



Scottish University Mixed Indoor Regionals 2016 Information Pack

We look forward to seeing you at Mixed Indoor Regionals 2016. We hope you will have an enjoyable and competitive weekend, and we believe the information contained in this pack will facilitate this. Contact details for the organisers are included if you do have further questions.

Contacts

Main contact and Accommodation organiser:

Arthur Stolz as840@hw.ac.uk 07596983429

Party organiser:

Fiona Leiper fl113@hw.ac.uk 07588889426

Tournament Director on the day: Callum Rearie

UK Ultimate Events Coordinator: Benji Heywood benji.heywood@ukultimate.com

Venue

Address:

Oriam
Heriot-Watt University
Edinburgh
EH14 4AS

Directions: Follow signs to Heriot-Watt University.

Parking: There is a car park right in front of the venue (Oriam car park) as well as an overflow parking near the entrance to the university campus (Car Park A)

Arrival: Please report to the TD desk on arrival to receive any new instructions or any changes to this information. There will not be a separate captain's meeting, but every team should make sure that a representative checks in on arrival. If you don't, don't blame us when you don't know what's going on!

Times: Games will run from around 11:30am to 7:30pm on Saturday, and from 9am to 1pm on Sunday.

Venue rules: No astroboots, trainers or metal studs, rubber studs or blades are acceptable. Boots must not be worn in corridor, only wear boots on the pitches.



Paper and Printing

We DON'T intend to print out schedules and copies of this pack for every team. Please make sure you bring your own (or ensure you can access it through your phone) if you need a copy. There will be a large up to date copy at the TD desk throughout the weekend of course.

Safety

Please remember that it is never worth endangering yourself or others to get the disc. Walls and floors are hard, and your body will not react well to crashing into them at speed. Please do remain aware of other players and your surroundings.

Food and Drink

There is a café on site serving hot and cold food. Open from 9am to 5pm.

There are vending machines selling drinks and small snacks.

School shop in main University building - five minute walk from venue.

There will also be a bake sale.

Water will be available from multiple water fountains near changing rooms.

Do NOT take food or drink, other than water in a properly sealed container, onto the pitches. You can eat your own food in the viewing gallery seating upstairs.

Accommodation & Friday Night Meeting point

On Friday night, we will meet at Oriam reception where you can find your hosts for the weekend. I'll be there from 7 to 9 pm; please contact the accommodation organiser if you'll be arriving earlier or later than that.

We believe only Aberdeen are coming on Friday night:

Aberdeen Host 1: Sarah Whittaker 07807716776

Aberdeen Host 2: Matthew Allison 07724812241

If you will arrive on Saturday morning, we'll put you in touch with your hosts during the day of course – please ask at the desk.

Party

Our sponsor this year is Malones Irish bar at 14 Forrest Road, Edinburgh EH1 2QN – hosts will know the way.

We have an area booked from 8:30pm, Heriot-Watt members will have discount cards for cheaper drinks.

In honour of Halloween dressing up is encouraged, the theme is simply Halloween.

If you have any questions ask Fiona 07588889426.

Spirit of the game

Spirit scores will be entered through an online form, which can be found here:

<http://goo.gl/G5V2Kg>



You should be able to access the form on your smartphone (or one of your team-mates' phones – some models seem to struggle more than others) and facilities will be available at the TD desk to input your scores if you can't get it to work – but be aware there may be a queue for just one laptop there! Use your phone if you can.

Please enter scores as promptly as you are able – in particular, we expect to award a spirit trophy based on the results that have been entered before the presentation. If you fail to enter your scores on the day, it is of course still worth entering them later as it improves the feedback your opponents receive, but if you can enter them on the day it would be far better.

(If you end up, a week after the tournament, with the highest spirit – but someone else took the trophy – that's hard luck I'm afraid. Take it up with the teams who submit late!)

Five Ultimate

Five Europe are incredibly excited to be sponsoring UKU University Indoor Series 2016-2017! We're pleased to confirm that we will have a stall of our merchandise at this event which will include shorts, hats, discs, hoodies and sweaters, so you can look amazing on and off the field! We're also delighted to be able to offer each team 10% off in our online store: europe.fiveultimate.com along with free shipping on orders over €120 - so club together and take advantage! Details will be sent to team captains.

Medical

First aid will be provided by venue staff. Ice will be available from venue staff.

For serious incidents, the nearest hospital is:

Western General Hospital

Crewe Road South

Edinburgh

EH4 2XU

Telephone: 0131 537 1000

Or call 999 for an ambulance.

Schedule

The schedule will be released when ready - sorry! There are likely to be late dropouts from this event, and so we are unable to publish promptly.

The tournament will be played under the [UKU Indoor version](#) of the 2013 WFDF rules, including the changed 'pull' and 'time-out' rules.

All other game rules, game lengths and formats are explained on the schedule itself.

Discraft sponsor all *UK Ultimate* tournaments and are of course the suppliers for your team disc at this event.



We wish you the best of luck for the weekend and hope you have a great time.