

U20 Indoor Nationals 2017 Information Pack

Tournament Director:

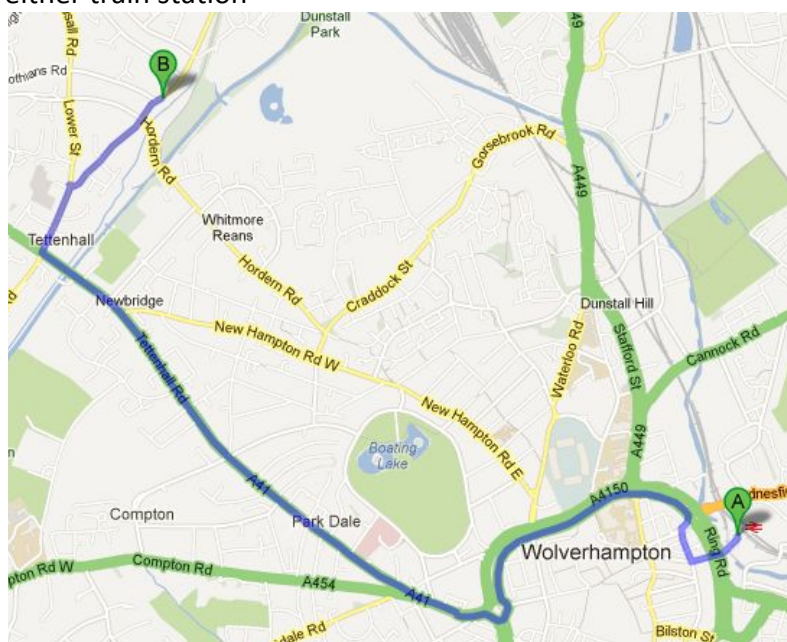
Benji Heywood 07896 919900

Venue:

The tournament is being held at Aldersley Leisure Village in Wolverhampton.
The address is: Aldersley Leisure Village, Aldersley Road, Wolverhampton, WV6 9NW.

The best access is via the M6 and M54, as shown on the maps below. Leave the M54 at junction 2, take the A449 towards Wolverhampton and follow brown signs to “Aldersley Leisure Village” and “Aldersley Stadium” (Both are used on road signs).
There is free car parking on site.

The nearest train stations are Wolverhampton and Bilbrook. The venue is 3 miles from either train station –



Directions from
Wolverhampton
train station

Facilities:

As well as the usual facilities (changing rooms, showers and four pitches etc.), there is a Costa Coffee in reception (with sandwiches and snacks) and a café/bar upstairs selling a range of hot and cold food, drinks and snacks. There is a Morrison’s supermarket approximately 5 minutes away. Directions included at the back of this information.

We have been told to expect the café to be open from around 1130, maybe noon, each day.
The Costa will be open all day.

Anyone U14 is not allowed in the bar without ADULT supervision (i.e. not just team-mates). This is a licensing requirement and not something you can just choose to ignore.

Footwear:

The hall is a hard-court surface - you will need clean, non-marking indoor trainers.

Safety

Please remember that it is never worth endangering yourself or others to get the disc. Walls and floors are hard, and your body will not react well to crashing into them at speed. Please remain aware of other players and your surroundings during matches and any post-match calls.

Things to note:

- Captain / coaches meeting at 10:15 am just outside the hall. First game starts at 10:30 am. All important info should be in this pack so if you're travelling from a long way away and starting later, feel free to skip the meeting – but do make sure to check in on arrival if so, as there may be important updates.

There will be a number of inexperienced players / teams at this tournament. Please take time to help them learn about spirit, rules and playing technique. At the agreement of captains and coaches, experienced players can be used to improve the game for the benefit of all players.

Conduct in the sports centre:

- **DO NOT THROW IN CORRIDORS.** Do not run in corridors. We have written the schedule to allow a few minutes on-pitch warm up before each game, so there is no reason and no excuse to throw in the corridors, and of course you shouldn't do any warm up that involves moving at faster than walking pace (so some dynamic stretching is allowable as long as you present no danger to the public). There is every chance that you will be disqualified from playing if you are seen to be doing silly things in corridors. Please show some respect for other sports centre users.
- At a previous event, a member of the public required first aid after being hit by a disc in a corridor. To emphasise again - **DO NOT THROW IN CORRIDORS - YOU WILL BE DISQUALIFIED.**
- Do not obstruct walkways or fire exits. Ensure that there is always enough space for wheelchairs to pass. Do not obstruct access to the gym, and certainly react politely if members of the public ask to get past you - again, we have had incidents of complaints where teams have blocked a doorway and then been rude about moving. We do not own the corridors.
- Be respectful of other sports centre users, especially those not here for the tournament. Please do not use any aggressive or distasteful language. The sports centre is still open for

normal use while we are there. Please be respectful of their right to the available space also!

- Limit the number of people on the sidelines of the pitches - only players and coaches for the current game should be in that space. In the main hall, obviously the balcony will provide a space for you to watch safely from - but do make sure to keep it clear for other users who wish to pass through.
- **No outdoor shoes** are permitted in the sports hall. If you are leaving the building, please change your shoes.
- **Please pick up all your litter.** There are plenty of bin bags available from the staff. At U17s, the situation was sometimes disgraceful, and we will certainly stop the tournament and demand that you clean up your mess if it is as bad as that again. If that means your games get shorter, then so be it - we are not here to pick up your litter.
- The venue is being used for a lot of Ultimate at the moment and the sport has an excellent reputation with the staff there. Please maintain it.

Schedule:

This will come out soon, and be available as a live online version and as a pdf. We will print one copy per team also - please come to the Captain's meeting to receive yours.

Scoring:

Please hand in your final scores to the TD desk on your way out of the hall.

Injuries:

Please report all injuries, mishaps and other problems to the TDs or to the venue staff directly. First aid will be provided by the venue staff, who will then ring for an ambulance if necessary. In case of minor injuries which require immediate medical attention, directions to the nearest A&E (New Cross Hospital, Wolverhampton) are at the **BACK** of this pack. Please inform the tournament directors ASAP of any accident requiring an ambulance or first aid response.

After the games:

There is some space for calls in the foyer of the main building and around the venue, though we must make an extra effort not to be loud or difficult around other users of the centre. Please avoid doing calls in corridors, doorways and at the bottom of stairs for health and safety reasons.

Spirit:

We're using the same spirit system we use for all our adult events - please ask at the tournament desk if you have any queries.

Spirit scores will be entered through an online form which can be found here:

<http://goo.gl/EJ9H8L>

You should be able to access the form on your smartphone (or one of your team-mates' phones – some models seem to struggle more than others) and facilities will be available at the TD desk to input your scores if you can't get it to work – but be aware there may be a queue for just one laptop there! Use your phone if you can.

Please enter scores as promptly as you are able – in particular, we expect to award a spirit trophy based on the results that have been entered before the presentation. If you fail to enter your scores on the day, it is of course still worth entering them later as it improves the feedback your opponents receive, but if you can enter them on the day it would be far better.

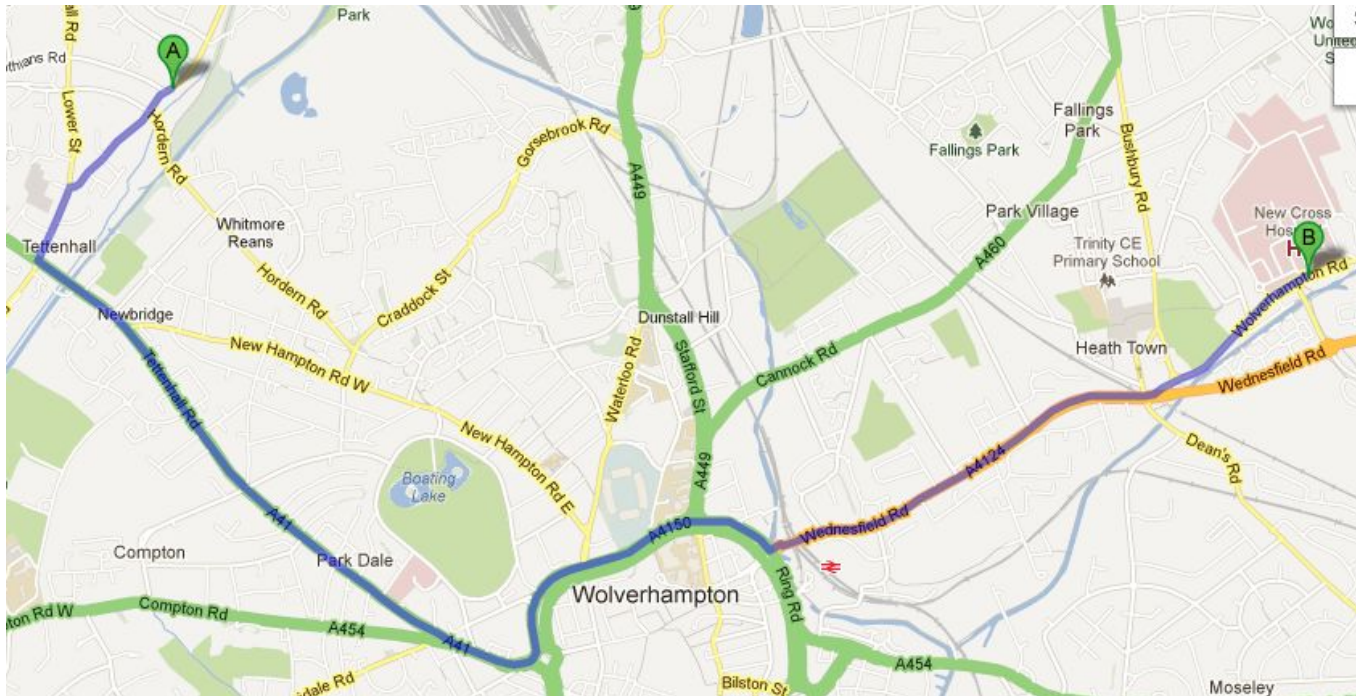
(If you end up, a week after the tournament, with the highest spirit – but someone else took the trophy – that's hard luck I'm afraid. Take it up with the teams who submit late!)

Rules:

Please make sure your players are as familiar with the rules as possible. Experienced players and coaches should take time during the day to help newer players learn any rules they don't know. Try to do this on the sideline after the point rather than holding up a game if possible. There will be a copy of the rules available at the TD desk if you need to see it.

The rules on the pull for indoors always cause some discussion. For a valid pull, the disc needs to pass through an imaginary box covering the endzone and be less than 2 metres from the floor. For junior tournaments this height is amended to 'within reach of the nearest player'. In simple terms, throw nice high floaty pulls that land in the endzone, and then get on D. Please don't ping discs hard into the corners or knife it at people. Receiving team, always try and catch the pull, or be prepared to start from the back of your endzone. Link to 2013 indoor rules below:

Hospital directions



Telephone: 01902 307999

Driving directions to New Cross Hospital



Aldersley
Leisure
Village

1. Head southwest on Aldersley Rd toward Sandy Ln

0.3 mi

2. At the roundabout, take the 1st exit onto Lower St

0.2 mi

3. Turn left onto Tettenhall Rd/A41
Continue to follow A41

1.5 mi

4. At the roundabout, take the 1st exit onto Ring Road St. Andrews/A4150
Continue to follow A4150

0.7 mi

5. Turn left onto Wednesfield Rd/A4124
Continue to follow A4124

1.0 mi

6. Slight left onto **Wolverhampton Rd**

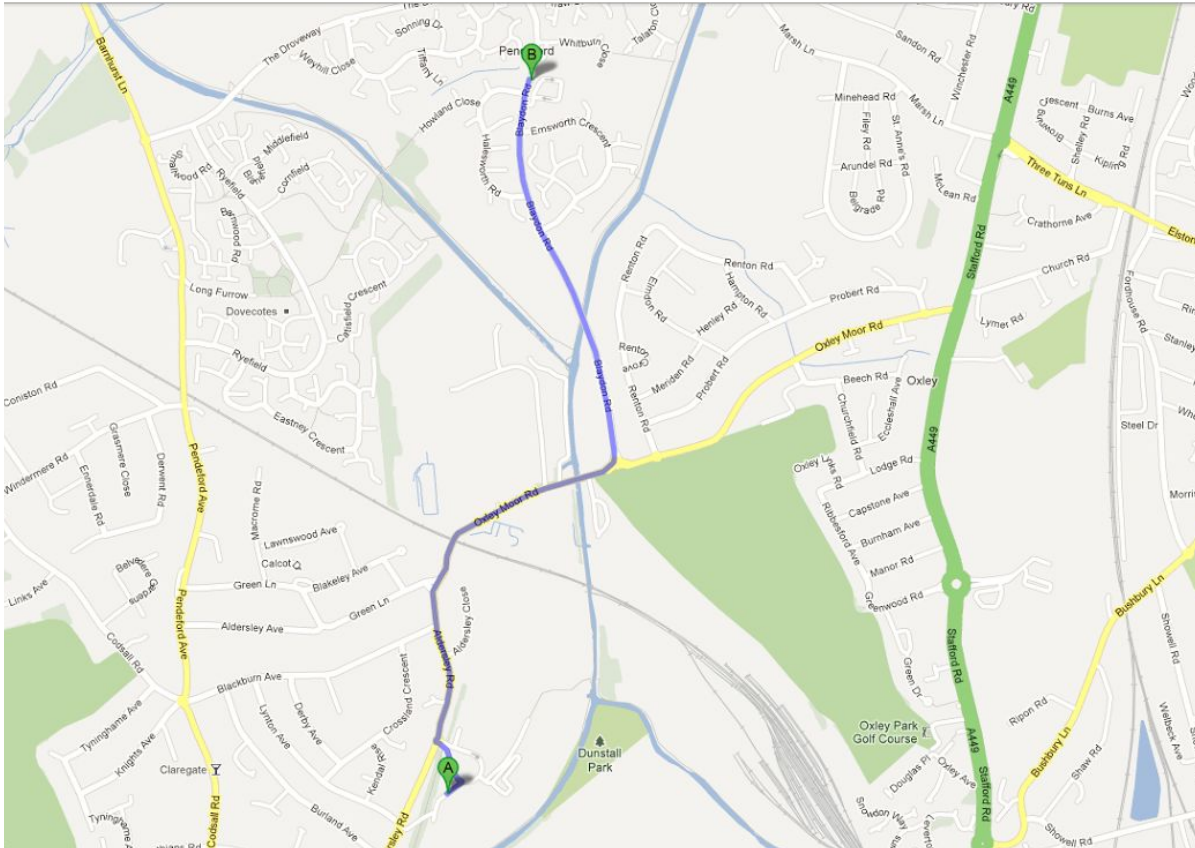
Destination will be on the left

0.4 mi



New Cross Hospital
WV10 0QP

Morrisons Directions



Driving directions to Morrisons Store



Aldersley Leisure
Village

1. Head northeast toward **Hugh Porter Way**

167 ft

2. Turn left onto **Hugh Porter Way**

404 ft

3. At the roundabout, take the **2nd exit onto **Aldersley Rd****

0.3 mi

4. Continue onto **Oxley Moor Rd**

0.4 mi

5. At the roundabout, take the **1st** exit onto **Blaydon Rd**

Destination will be on the right

0.7 mi



Morrisons Store

Blaydon Road

Penderford, West Midlands WV9 5PG